



Live Online Sessions

A unique students/parents counselling sessions program with a qualified mental health expert

Counseling For Learning & Study Issues

Rs. 2,500

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- ✓ Is your child suffering from anxiety, stress or fear?
- ✓ Is your child struggling with loss, fear or rejection issues?
- ✓ Is your child being bullied at school or facing peer pressures?
- ✓ Is your child undergoing learning difficulties at school?

Get help for young students to resolve their issues so they can flourish, feel positive, and stay happy & confident

Counselor's Profile



Ayesha Shahid Sheikh

MS Clinical Psychology,
PhD (Scholar), NLP- Hypnosis

Experience:

- Hameed Latif Hospital as Consultant (Psychologist)
- Mayo Hospital, Lahore as Clinical Psychologist Trainee
- INMOL Hospital, Lahore as Clinical Psychologist Trainee.

Ayesha Shahid is a promising psychologist and mental health expert with experience at leading health care institutions of Pakistan. She specializes as a therapist and counselor to advise students and parents for emotional health and overall personal and family well-being.



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